Suncokret provides a dedicated retreat oasis, run by professional hosts, who offer you the support and expertise necessary to house your very own holistic retreat, worryfree, at our beautiful venue on Hvar Island.







### SUNCOKRET

Since 2004 we have been providing superior holistic retreat experiences for individuals and groups from all corners of the globe. Our space is best suited for 8-10 guests. To accommodate larger groups, we recommend booking two back-to-back events.

### LOCATION

Suncokret is located in the charming village of Dol Sveta Ana, a pristine 12th Century hamlet discretely nestled into the verdant brush & pinewood forest which majestically rises above the island's oldest settlement, Stari Grad.



# **RETREAT PRACTICE SPACES**

### **Outdoor Terrace**

The outdoor terrace features open views of the village and the neighboring island of Brac. It has a tile floor, bamboo roof, and flowing curtains that create an intimate environment during the practice. The terrace is best suited for up to 8 persons for dynamic practices or up to 10 persons for passive practices.

#### **Indoor Loft**

The light and spacious indoor loft features wood-laminate floorboards, exposed roof beams, doors facing east, windows facing south and west, and cooling and heating options. There is a lounge area with a library that contains spiritual and entertainment sections. The loft can comfortably accommodate 8-10 practitioners.



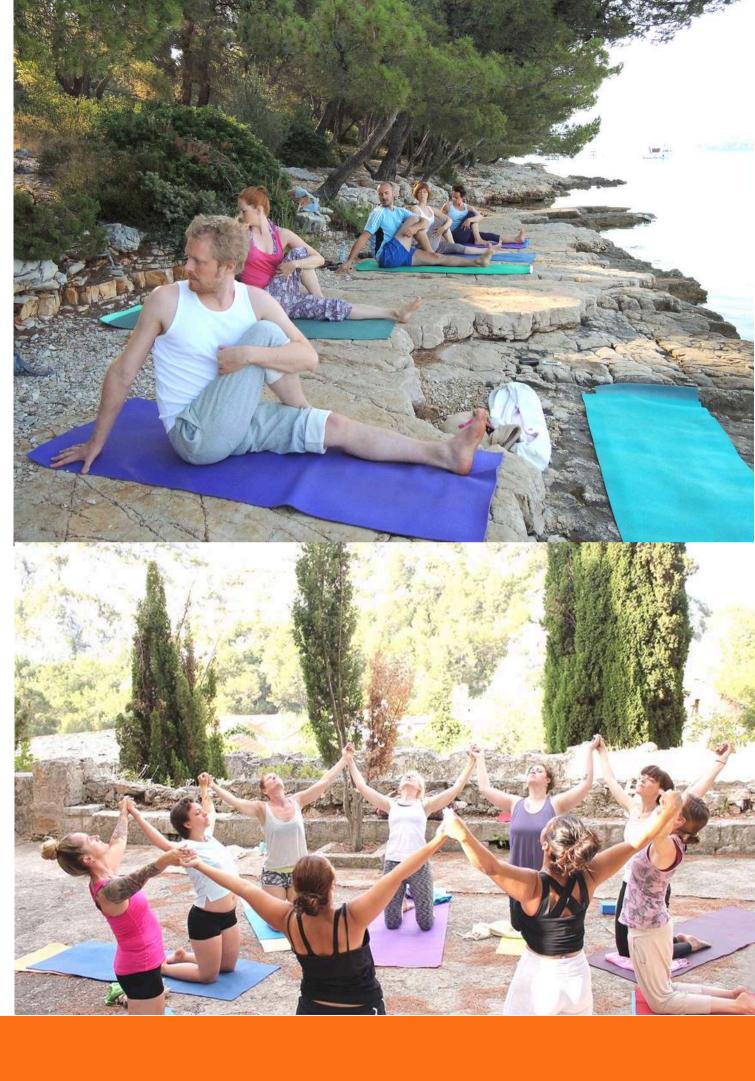
# **ISLAND PRACTICE LOCATIONS**

### By the Sea

Your group will be transported to stunning beach locations each day, perfect for morning or afternoon sessions, creating a spectacular and unforgettable experience.

#### **Hidden Nature Spots**

Additionally, your group can choose to practice in secluded natural areas, where time seems to stand still. Here, you can enjoy your outdoor sessions in serene silence beneath shady trees, in front of a historic baroque church surrounded by towering pines, or at the forest's edge with breathtaking views of the sea.





### **ITINERARY**

Experience the best of Hvar Island's natural, historical, and cultural spots via our scheduled daily outings. Our typical outings include:

- Day 1: Dol Village Welcome Tour
- Day 2: Stari Grad & Beaches
- Day 3: Ager Plain, Soline Beach & Vrboska
- Day 4: Hvar & Beaches (Pakleni Islands)
- Day 5: Surprise Location, Hvar Highlands
- Day 6: Jelsa Town & Beaches
- \*On Day 4, 5, or 6, enjoy a spectacular sunset safari instead of dinner at the retreat. Dine out in a local restaurant before the safari, and we'll provide you with a packed lunch or post-sunset snack.

# PROGRAM RHYTHM

The typical daily rhythm generally flows as follows:

- 730: Self-Catered Coffee / Tea
- 8:00: Your Morning Program
- 10:00: Breakfast & Karma Yoga
- 11:30: Daily Transfer to places of interest
- 12:00: Free Time to explore, swim, and enjoy yourself
- 17:00: Daily Transfer back to the retreat
- 18:00: Dinner & Karma Yoga
- 20:00: Your Evening Program (meditation, journaling, etc.)
- 21:00: Self-Reflection/Your Time
- 22.00: Mauna (quietude)

The daily rhythm may be adjusted according to your wishes.



# TASTY, SIMPLE & FRESH MEALS

We serve two meals per day, which are predominantly made from fresh, organic, locally produced island ingredients (often our own), and which are prepared and served with love.

A breakfast buffet is served in the garden and generally consists of fresh seasonal fruit, nuts, warm and cold cereals, fresh farm eggs, local bread, bread spreads, yogurt, milk, and dairy-free substitutes. Tap water, mineral water, and herbal tea, (and coffee on request) are served complimentary with each meal.

Dinner is also served in the garden and typically consists of a soup and salad starter, followed by the main dish (vegetarian or Dalmatian seafood specialties on request). There is an option to enjoy a sunset experience and dinner in a local restaurant one evening during the event, in which case we provide a packed lunch or light snack post-sunset instead of dinner on that day.





### ROOMS



Earth & Fire Cottage This split-level cottage features three bedrooms, which are located on the upper floor. Each room is fitted with a fan and space heater and there is air-conditioning and heating for the common areas.

Room 1 is furnished with a single bed, while Rooms 2 and 3 have a double bed. The cottage is best suited for 3 people.

There is a spacious house bathroom located on the ground floor. The ground floor also features an indoor dining area and the main indoor kitchen, where our chef prepares meals for your group. The cottage also has an enclosed garden with dining and lounge areas, as well as an outdoor practice space.

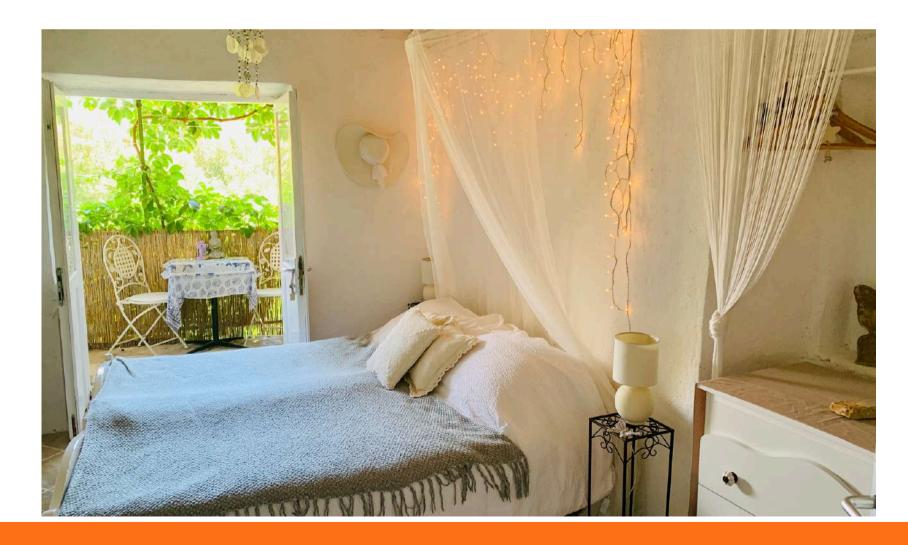


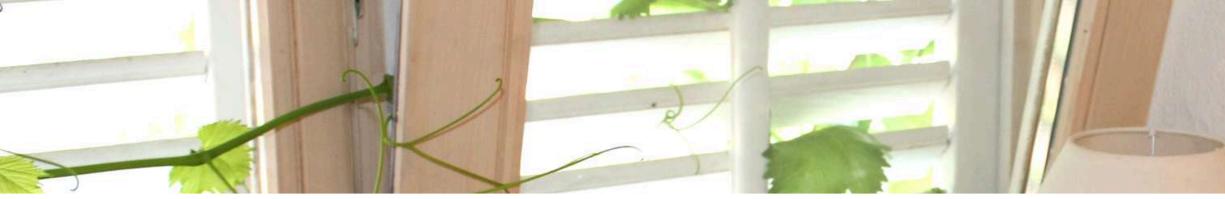


### Wind & Air Cottage

This cottage features two double rooms, an adjacent bathroom, a kitchenette, and a covered terrace. The cottage has airconditioning + heating and wifi access.

Room 4 is furnished with a beautiful metalframed bed. Room 5 comes with a set of twin beds (which can be placed together) and also features a cozy private balcony with a view.





### Ether Cottage

Light, bright & white attic suites with private bathrooms...

These elegant and beautiful, attic rooms come equipped with private, en-suite bathrooms and en-suite air-conditioning + heating. The cottage has open wifi access and is suitable for 3 persons.

Room 6 "Mini Suite" is furnished with a double bed. Room 7 "Master Suite" features twin beds that can be placed together for couples.

Ether Cottage residents share an indoor kitchenette & an outdoor terrace and have easy access to the adjacent indoor loft with a practice area, lounge corner, entertainment area, and library.

### ROOMS



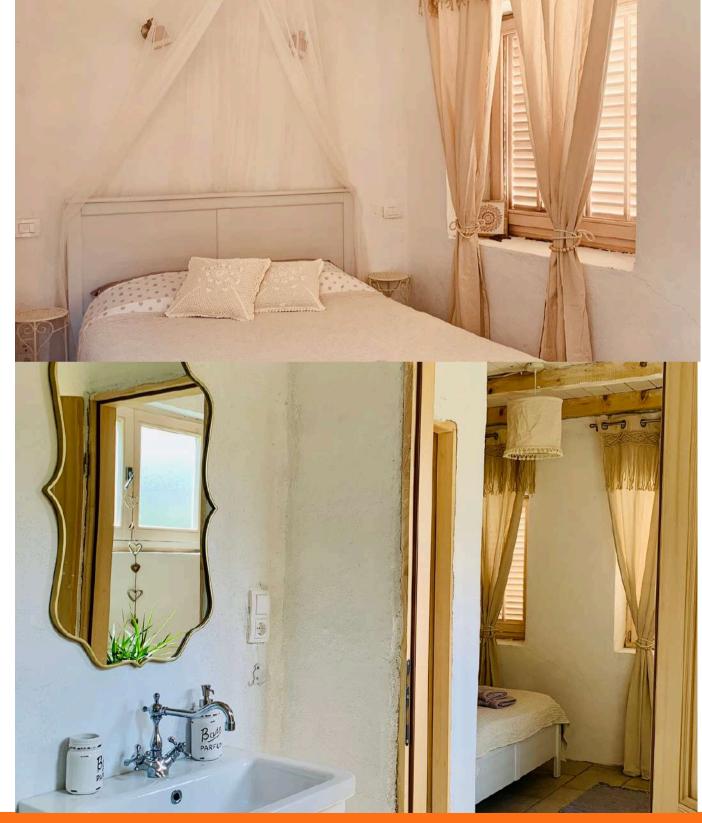


### Bliss Bungalow & Samadhi Suite

The Samadhi Suite is located in our newly-built Bliss Bungalow and is the perfect place to channel your zen.

Designed with simplicity, elegance, and functionality, this is the only detached cottage on our property and can serve as the organizer's hub during an exclusive event.

The cottage boasts a spacious, open-plan living and dining area, with a tea corner. There is an enclosed outer courtyard with a spacious wooden table and chairs and a Hollywood swing placed under an impressive walnut tree which invites you to relax and daydream under its broad, shady branches.





# FACILITIES

- Main Kitchen + 2 kitchenettes
- Indoor + outdoor dining areas
- Lounge areas
- 2 terraces
- 2 balconies
- Indoor & outdoor practice areas
- Washing machines
- Free Parking
- Two libraries
- Garden
- Veggie Garden
- Meditation areas
- Smoke & alcohol-free premises
- Free WiFi in designated areas





## **PACKAGE RATES - CLASSIC PROGRAM**

4 Private Double Rooms & a shared bathroom for 3,  $\in$  172 per night x 4 guests 1 Private Single Room & a shared bathroom for 3, € 160 per night x 1 guest 1 Twin/Double Room (Master Suite) with an en-suite bathroom,  $\in$  160 per person per night x 2 guests 1 Private Room (Mini Suite) with an en-suite bathroom, € 184 per night x 1 guest Bliss Bungalow,  $\in$  208 per night (gratis for 1 organizer)/  $\in$  184 per person per night (-50% for 2 organizers)

### The example rate for a group of 8 + 1 organizer in the Bliss Bungalow = € 1352 per night The example rate for a group of 8 + 2 organizers in the Bliss Bungalow = € 1536 per night

### **Package includes:**

- -Scheduled transport from/to the Stari Grad Port
- -Accommodation + 1 set of bed linens and bath towels per person per event
  - -Free access to all retreat facilities
  - -Daily Vegetarian Brunch & Dinner
  - -Daily Outings as listed on the Rest & Renew (or) Balance & Bliss page
    - -1 optional Sunset Outing + a snack instead of 1 Dinner

#### <u>BALANCE & BLISS</u>



# PACKAGE RATES - YOGI EXPLORER

4 Private Double Rooms & a shared cottage bathroom, € 184 per night x 4 guests 1 Private Single Room & a shared cottage bathroom, € 172 per night x 1 guest 1 Twin/Double Room (Master Suite) with an en-suite bathroom,  $\in$  172 per night/per person x 2 guests 1 Private Room (Mini Suite) with an en-suite bathroom, € 196 night x 1 guest Bliss Bungalow,  $\in$  220 per night (gratis for 1 organizer)/  $\in$  196 per person per night (-50% for 2 organizers)

Example rate for a group of 8 + 1 teacher in the Bliss Bungalow: 1448 € per night Example rate for a group of 8 + 2 teachers in the Bliss Bungalow: 1644 € per night

#### **Package includes:**

-Scheduled transport from/to the Stari Grad Port -Accommodation + 1 set of bed linens and bath towels per person per event -Free access to all retreat facilities -Daily Vegetarian Brunch & Dinner -All Outings & Soft-Adventure Activities as listed in the Yogi Explorer program

-1 optional Sunset Outing + a snack instead of 1 Dinner

#### <u>YOGI EXPLORE</u>R

# **PACKAGE RATES - CUSTOM EVENT INCLUDING DAILY YOGA & DEEP-DIVE PROGRAM**

4 Private Double Rooms & a shared cottage bathroom, 183 € per night x 4 guests 1 Private Single Room & a shared cottage bathroom, 170 € per night/per person x 1 guest 1 Twin/Double Room (Master Suite) with an en-suite bathroom, 170 € per night/per person x 2 guests 1 Private Room (Mini Suite) with an en-suite bathroom, 195 € night/person x 1 guest Bliss Bungalow,  $\in$  221 per night (gratis for 1 organizer)/  $\in$  195 per person per night (-50% for 2 organizers)

### Example rate for a group of 8 + 1 organizers in the Bliss Bungalow: € 1523 per night Example rate for a group of 8 + 2 organizers in the Bliss Bungalow: € 1632 per night

#### **Package includes:**

-Daily 90-min. Yoga + 60-min. Deep-Dive Sessions led by our Team -Scheduled transport from/to the Stari Grad Port -Accommodation + 1 set of bed linens and bath towels per person per event -Free access to all retreat facilities -Daily Vegetarian Brunch & Dinner -Daily Outings as listed on the Rest & Renew page -1 optional Sunset Outing + a snack instead of 1 Dinner

#### <u>REST & RENEW</u>



# PAYMENTS & CANCELLATION CREDIT

A non-refundable but transferable deposit of €1,500 secures the reservation. Fifty percent of the estimated total is required 75 days before the event's commencement, with the final balance due 21 days before the event.

All payments are non-refundable but transferable within 1 year of the original date, according to the following terms:

For rescheduling requests, 100% credit of the monies paid is granted if made more than 75 days before the event. A 50% credit is available for requests made between 74 and 45 days prior, and a 25% credit is applicable for rescheduling requests made 44 to 21 days before the event. No credit will be issued for cancellations made less than 20 days before the event start date. It is advisable to take out the appropriate insurance to protect your investment.

# EXTRA ACTIVITIES

In case you would like to co-create a bespoke program for your group, here are some activities you can add to the Classic Program Package a la carte:

- Yoga & Deep-Dive Program (intended for groups traveling without a yoga teacher)
- Holistic Services & Workshops
- Hiking/Walking Tours
- Bike Rental & Cycling Tours
- SUP Rental & Yoga SUP lessons
- Kayak Rental & Kayaking Tours
- Exploratory Diving Lessons
- Sailing & Snorkeling Tour
- Spa Services
- Wine Tasting
- Olive Oil Tasting

### See our "Retreat Plus Extra Activities PDF"



## SEASONAL AVAILABILITY

Villa Suncokret is available for group visits from May - October. The best time to host a group event is when the weather is mild and pleasant, typically from mid-May until mid-June, and from mid-September until mid-October.

Note: Group events that are requested to be scheduled in June, July, or August (our peak season) have an increased package rate of 5%.

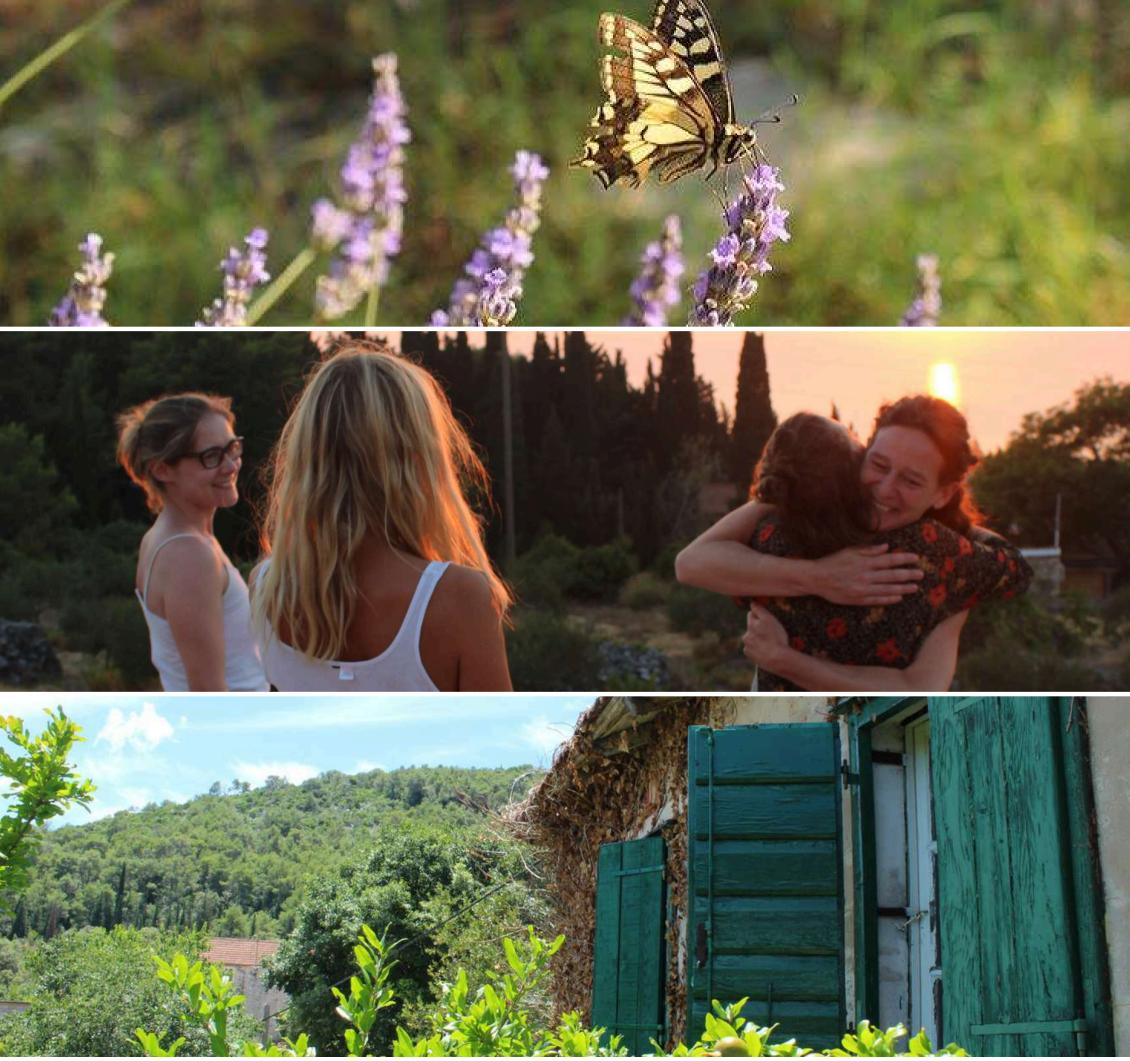


# **CONSULT WITH US**

To receive a price quote, please send us a consultation form so we can learn more about your ideas and wishes and make you the best offer!

We're looking forward to consulting with you soon!







## **CONTACT US**



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